

# YEAST

## BALANCING THE IMMUNE SYSTEM

### HAVING PROPER FLORA LEVELS

A balanced, healthy immune system helps eliminate yeast infections that are caused by an under-active immune system, or pets that are immuno-suppressed. Our raw diet formulations will establish the proper pH balance, preventing yeast overgrowth, and reducing inflammation triggered by an underactive immune system. Kefir has Saccharomyces yeast that covers the cell preventing Candida from entering the cell.

Answers™ raw formulas are very high in whole-food probiotics and healthy yeast. They're low in carbohydrates, have only trace amounts of naturally occurring sugars, which is a main component in feeding yeast, and has the natural balance of nutrients that your pet needs.

This all contributes to healthy flora in the digestive system, boosts the immune system, and regulates proper pH balance, eliminating yeast.

## ANSWERS™ RECOMMENDED DAILY DIET

ADDITIONAL™  
Goat and Cow Milk Kefir



*Goat Milk use the daily recommended dose.*

*Cow Milk Kefir use 50% of the remaining calories.*

ADDITIONAL™  
Fish or Turkey Stock



*Daily recommended dose of either stock.*

STRAIGHT™  
Any Protein



*Use the remaining calories in Straight formula.*

## IN ADDITION 6-MONTH MILK DIET

For the first 6 months, one day a week, feed 50% of the daily calories as fermented raw goat milk and 50% of the daily calories as fermented raw cow milk kefir.

## KEY BENEFITS

- + Fights yeast with yeast
- + Reduces inflammation
- + Boosts the immune system
- + Natural antihistamine
- + Prevents and reduces symptoms of leaky gut
- + 100% grain-free with no carbohydrates or sugar



## **BENEFITS OF ANSWERS™ RAW DIET FOR YEAST**

### **+ BOOSTS THE IMMUNE SYSTEM**

Gut flora influences 84% of a pet's immune system. Raw goat milk contains prebiotics, which are the nutrients probiotics need in order to thrive and establish healthy flora. It's a natural antihistamine, has anti-inflammatory properties, and provides support to the immune system which protects, aids, and heals.

Yeast is exacerbated by the immune system being underactive. We provide a biologically-appropriate, fermented raw diet with all the nutrients required for a healthy immune system. There are 8,000 phytochemicals present in raw whole foods. When food is processed, cooked, or pasteurized, most of the phytochemicals are destroyed, leaving our pets deficient in nutrients. These nutrients are also denatured and are often unrecognized by the immune system, which can trigger an inflammatory immune response.

A leaky gut allows larger-than-normal proteins to pass from the gut into the bloodstream. These large proteins trigger an immune response. Our raw diet with fermented ingredients including raw milk and bone broths can help prevent and heal leaky gut. Our stocks contain collagen that aid in sealing process.

### **+ NO CARBOHYDRATES OR SUGAR**

Yeast needs sugar as a source of energy in order to grow. Carbohydrates break down into sugar, and there are other hidden forms of sugar in vegetables. Our diets are low-glycemic, fermented, and have anti-fungal properties.

### **+ PREVENTS YEAST OVERGROWTH**

Answers Additional™ Goat Milk Formula contains high quantities of caprylic acid, which fights yeast.

Processed diets with carbohydrates (grains, potato, tapioca, peas) create the wrong pH on the skin and in the ears encouraging yeast growth. Our raw formulas with cultured whey and raw fermented milks help establish the proper pH.

They also contain wholefood probiotics and healthy yeast—healthy microorganisms that establish healthy, normal flora. Healthy pH and normal flora on the skin and in the ears will prevent yeast over-growth, and prevent skin and ear infections.

### **+ REDUCES INFLAMMATION**

Inflammation can cause allergy symptoms. Our raw formulas have the proper amount of organ meat and other whole-foods that provides the appropriate omega-6 to omega-3 fatty acid ratio, helping to stabilize the immune system and reducing symptoms.

Raw fermented milk stabilizes mast cells that reduce inflammation, which has been proven by testing c-reactive protein levels.